What do you experience in a seminar with Darrell Calkins?

"Joy, amazement, serenity, clarity, the desire to live more fully and profoundly…revelations about myself and others…how to find my place and create something unique with my life that is closer to my dreams, passions and inspirations."

"The opportunity to slow time, to replace my roots into the soil and water them. To recall who I am and orient my life. Return to the essential. Rediscover and regenerate my interior force and solidity."

"Deeper serenity and confidence, moving away from my fears and anxieties, finding a posture in life with a grander capacity to 'be there.' Resolving problems or difficulties with calm, precision and efficiency. Create connections with others that are true and integrated. Clarification of precise points in my daily life that I've already questioned."

"Immersion in experience: centering, anchoring, breathing, concentration…above all based in practical personal discovery. Reconnecting with essential life values, such as honesty, sincerity and humility. Refueling energy and inspiration...gathering and distributing more joy around me."

www.CobaltSaffron.com

An experiential education in the art of living and being

Upcoming Events with CobaltSaffron

San Anselmo - San Francisco Bay Area

A Weekend with Darrell Calkins

14 & 15 July 2012

Saturday & Sunday, 8 am to 6 pm

San Francisco Theological Seminary

105 Seminary Road, Scott Hall 101

San Anselmo, CA 94960

Southwestern France

Autumn Retreat

7 - 14 October, 2012

Au Chateau

Gasgony, France

~ Student discounts and financial assistance available

~ Detailed information and reservations on our website